EVERETT L. SPILLARD II BG2590 Name and Prisoner/Booking Number			
CALIFORNIA MEDICAL FACILTY			
Place of Confinement P.O.Box 2500 Vacaville, CA 95696			
Vacaville, CA 95696 U-101			
City, State. Zip Code			

FILED

APR 0 3 2020

CLERK, U.S. DISTRICT COURT EASTERN DISTRICT OF CALIFORNIA BY DEPUTY CLERK

(Failure to notify the Court of your change of address may result in dismissal of this action.)

IN THE UNITED STATES DISTRICT COURT FOR THE EASTERN DISTRICT OF CALIFORNIA

(Full Name of Plaintiff)	Plaintiff,		•
	v.)) C	ASE NO. 2:20-CV-0702 CKD
(1) CAPTAIN COST	A .	,)	(To be supplied by the Clerk) (PC)
(2) LVN UMANAH		,)	
DR. BICK			CIVIL RIGHTS COMPLAINT BY A PRISONER
(4) DR. SHUTE) ,) -	☐ Original Complaint
	Defendant(s).)	☐First Amended Complaint
Check if there are additional Defen	dants and attach page 1-A listing them.)	☐ Second Amended Complaint

A. JURISDICTION

- 1. This Court has jurisdiction over this action pursuant to:
 - ☑ 28 U.S.C. § 1343(a); 42 U.S.C. § 1983
 - 🛚 28 U.S.C. § 1331; Bivens v. Six Unknown Federal Narcotics Agents, 403 U.S. 388 (1971).
 - Other: CIVIL RIGHTS VIOLATIONS VIII/XIIII ADAqud Rehabilitation Act. And my First Amendment right of no tetaliation.
- 2. Institution/city where violation occurred: <u>Jackson and Salono and Marin but the CDCR is</u> in Sacramanto County along with the CCHCS

B. DEFENDANTS

1.	 Name of first Defendant: <u>LVN Margeret Umanah</u>. The first I LVN at Mule Creek St. 	
	. (Position and Title) ,	(Institution)
2.	2. Name of second Defendant: <u>Captain Costa</u> . The second Defe	ndant is employed as: te Prison .
	(Position and Title)	(Institution)
3.	3. Name of third Defendant: Dr. Smith . The third I Head Doctor . at Mule Creek State	Defendant is employed as: te Prison
	(Position and Title)	(Institution)
4.	4. Name of fourth Defendant: Dr. Shute The fourth Doctor PCPat California Medi	Defendant is employed as:
	(Position and Title)	(Institution)
If yo	If you name more than four Defendants, answer the questions listed above for each additional Defend	dant on a separate page.
	C. PREVIOUS LAWSUITS	T .
	C. TREVIOUS EAWSUITS	
1.	1. Have you filed any other lawsuits while you were a prisoner?	□ No
uta germe	If yes, how many lawsuits have you filed? 2. Describe the previous lawsuit ralization or Damage to a Toe. And put on Phyc Drugs wi	s:Loss of Toes thout knowledge or
, ,	a. First prior lawsuit: 1. Parties: Spillard v. Ivers	
	2. Court and case number: Northern District U.S. Distri	
	3. Result: (Was the case dismissed? Was it appealed? Is it still pending?	?) still pending JS
		•
	b. Second prior lawsuit: 1. Parties: SPILLARD v. HOFFMAN	
	2. Court and case number: U.S.DISTRICT COURT NORTHERN DI	STRICT#19-cv-01299-J
	3. Result: (Was the case dismissed? Was it appealed? Is it still pending awaiting for triak	?) Still pending
		•
	c. Third prior lawsuit:	•
	 Parties: v Court and case number: 	
	3. Result: (Was the case dismissed? Was it appealed? Is it still pending?	?)

If you filed more than three lawsuits, answer the questions listed above for each additional lawsuit on a separate page.

	Case 2.20-cv-00/02-CKContinued be faired https://201 Aage 3 01 10
1	Dr. Bick Adminastrater in Elk Grove was Head Doctor at CMF
2	Dr.Kethinel infectious Disease Doctor at SJGH
3	Dr. Brandon ER Doctor at SJGH in the ER S. Gates Adminastrater at CCHCS in Elk GRove
5	Unknown Nutritionist in Elk Grove Head of Nutrition for the CCHCS
6	Lt. Lira Mule Creek State Prison
7	Sgt. Snyder Mule Creek State Prison
8	Other unknown policy makers working for the CCHCS
9	
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D. CAUSE OF ACTION

CLAIM I

1. A		te the constitutional or other federal civil right that was violated: My VIII and XIIII the doments for Due Process. Also the 1st for Retaliation
2.		Aim I. Identify the issue involved. Check only one. State additional issues in separate claims. Basic necessities
auth LV	end: orit	pporting Facts. State as briefly as possible the FACTS supporting Claim I. Describe exactly what each ant did or did not do that violated your rights. State the facts clearly in your own words without citing legal yor arguments. Imanah said I threatened her (I DID NOT) and the perpondence of the proves this C/O Limon says in the report that I went striaght to prove
BI	000	ence proves this C/O Limop says in the report that I went striaght to provans then to my Block after C/O Harrington told me I was not getting my Sugur Checked. I already turned LVN Umanah into the Nurseing Board
Mo Ra	nth	being unproffesional yelling at me to get the FUCK OUT the first time as prior to this incedent. I 602 her two other times once for being a st. There were two other LVNs in the office with her and 6 C/Os within than 20 feet from me. There were no witnesses at my ICC. Acting
Ca	ota sai	in Costa interviewed me. Her first question to me was do you remember me d yes I have known her since 1983 and her whole family I dated her friend for two years. Her name is nowhere on any report. And the intervi
I	si	gned I put a commet on it the one I recieve says I refused to sign.
not	ge	in a wheelchair and there was no ADA shower so for over two months I did et a Shower. Two weeks after being in AD-SEG I got aDiabetic Ulcer on my greater toe. It is still there and I am still in a wheelchair over Retailitory Action.SGT Snyder should have never put me in AD-SEG.
Se.	is:	ury. State how you were injured by the actions or inactions of the Defendant(s). It and Foremost I still have a whole in my toe for almost a year now. It is allowed to continue I will never see the light of day use of a serious rule violation. I am sure that was Captain Costas intent.
5.		ministrative Remedies:
	a.	Are there any administrative remedies (grievance procedures or administrative appeals) available at your institution?
	b.	Did you submit a request for administrative relief on Claim I?
	c. d.	Did you appeal your request for relief on Claim I to the highest level? If you did not submit or appeal a request for administrative relief at any level, briefly explain why you did not. All three levels I have been deied, Rejected and Cancelled been to the third level twice now they just send it back but there 90 days have been up for a while

CLAIM II

1. State the constitutional or other federal civil right that was violated: <u>VIII Amendment Rfusing to</u> treat my serious medical needs.Being deliberatly indifferent to them .
2. Claim II. Identify the issue involved. Check only one. State additional issues in separate claims. ☐ Basic necessities ☐ Mail ☐ Access to the court ☒ Medical care ☐ Disciplinary proceedings ☐ Property ☐ Exercise of religion ☐ Retaliation ☐ Excessive force by an officer ☐ Threat to safety ☐ Other:
3. Supporting Facts. State as briefly as possible the FACTS supporting Claim II. Describe exactly what each Defendant did or did not do that violated your rights. State the facts clearly in your own words without citing legal authority or arguments.
While being in AD-SEG for retailitory reasons Dr. Smith would not let RN Au ia. Give me a Bandage for my Diabetic Ulcer. And then said I refuse to see hi
When I refused it was because evry week a different doctor would see me. So I said I would only go to TTA so I could see the same doctor .My toe has bee
reinffected 4 plus times now. Because of the CCHCS deliberite Indifference to my Diabetis trying to treat my serious medical needs with antibiotics instead of the High protien diet Carb Controled diet that was ordered at Marin General Hospital. During and after two toes being amputated and one being outchered by a Podiatrist. That is the case thats in the Northern District
over the toes. I lowered my A1C by not eating dinner, Lunch and only the eggs,
was on a prerenal Diet while at Mule Creek State Prison but when I arrived at California Medical Facility they stoped that Diet and feed me all Carbs. Or. Bick says I don't qualify for any Diet. But even a layman knows that diabetic has to quit eating carbs thats all they feed me. I gained 40 LBs since being here. The CCHCS is being deliberitly indifferent to not only me
out all Diabetecs in the CDCR. Because they have Bastardised the Carb system. By turning 20 Carbs in to 1 Carb Group this is in no Medical Jornal on the
planet and repeatedly telling me there are 300-400 Calories I don't have to e because there extra I don't eat the Bread and the Apples.Dr. Shute has ended by wound care 4 times now causing infection to come back three times. 4. Injury. State how you were injured by the actions or inactions of the Defendant(s).
My right big Toe is not healing because of my Deliberate indifferent Doctor. I have been in a wheelchair for over a year All Diabetic Meds say take with a proper diet but the CCHCS has omitted it from the Medical papers. When in every Hospital and Pharmacy on the planet Says take these meds with a proper Diet that is deliberate indifference to my serious medical Needs. I can't Heal 5. Administrative Remedies.
a. Are there any administrative remedies (grievance procedures or administrative appeals) available at your
institution? SQSP,MCSP,CMF multiple times in all b. Did you submit a request for administrative relief on Claim II? Yes No
c. Did you appeal your request for relief on Claim II to the highest level?
d. If you did not submit or appeal a request for administrative relief at any level, briefly explain why you did not. I did I have but there are no remidy's in the CDCR
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My Diabetes is a serious medical condition because I keep losing toes and don't heal because of all the carbs I am being feed. Also the CCHCS Heart Healty Diet is mostly wheat products. Wheat products cause plaque in the viens witch hinders the blood flow required to heal they took my prerenal diet that was just ok. But atleast I could control my carb intake on it. Marin General Hosptal ordered me a High Protien carb controled diet and so did my P Podiatrist. I have only seen the Podiatrist once in over 2 Months and Dr. Shute has let my wound care end without being HEALED 4 plus times now. Three of them Causing reinffection. The list of her deliberate indifference to my serious medical needs are in all the 602s I have filed. I have Filed a 602 almost evry 2 weeks for two years now. Never having one granted even though I Keep Losing Toes because of the CCHCS deliberate indifference to my Serious medical needs. (Hence Losing Toes and being in a Wheelchair). I have had every Doctor tell me that the First thing I should do is Control my Carb intake except for a few in the CCHCS. The CCHCS has omitted the Proper diet that all diabetec meds say to do. And omitted the fact that wheat causes plaque in the Viens. My doctor was so indifferent to my serious medical needs she never look at my toe till I 602 it a couple of times three and a half months I was sent to CMF because they raised my care from cronic care to High risk. But my Level of Care went from Bad to Worse. I lost 45 LBs not eating most of the food walking around dizzy or rolling. Since I got to CMF I gain 40 of it back and my Doctor has not even notice. At MCSP they took my Glucose meter when it was permenant. CCHCS wont tell me who made that ruling or the Head Nutritionist is even though I have 602 it. There is so much more !.

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CLAIM III

1.	Stat and	tate the constitutional or other federal civil right that nd Unusual punishment and the XIII	was violated: VIII An I amendment.	nendment Cruel
2.		Claim III. Identify the issue involved. Check only on the Basic necessities	☐ Access to the court ☐ Exercise of religion	☐ Medical care ☐ Retaliation
	enda	Supporting Facts. State as briefly as possible the FA dant did or did not do that violated your rights. State ity or arguments. Le at San Quentin State Prison whe	the facts clearly in your own	words without citing legal
my aga whe par	Proper too	e in Carson Unit they Lost all my pers and addresses. when I got to Property again I got one box back ast by LVN and Costa They and the I got to CMF I was still missing as Books, and some Tennis shoes I to the third level many time berty) And the Last time I went to conded It's been over 90 days with	Mule Creek State Prafter 6 months. Whe C/Os lost my proper one box with all mever got to wear, es one partail(I got the third Level the	rison SOSP lost en I was Retailiaited erty again and ny Hygiene, Leagal , Sox Shirts. ot one Box of my ney Just Never
Frie	ends	njury. State how you were injured by the actions or contact with my friends and famil ds Pictures. Evidence of my inoce 1 year for my big sister to find	nce and other Legal). and some . Papers. It took
5.	Adı	Are there any administrative remedies (grievance institution?	procedures or administrative	appeals) available at your X⊠ Yes □ No
	b.	. Did you submit a request for administrative relie	f on Claim III?	XX Yes \square No
	c. d.		inistrative relief at any level,	

If you assert more than three Claims, answer the questions listed above for each additional Claim on a separate page.

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E. REQUEST FOR RELIEF

State the relief you are seeking:
I would like this SRV to be expunged from my record Completly
because if it does not I will never get out if my case is not overturned
it should be this year. I also would like to be paid for this retalitory
Action against me. I am filing this Complaint against Captain Costa in
her Officail and unofficail capacity evrybody else just in there officail.
I want to be paid for the Cruel and Unusaul Punishment i have been induring
for the last year. My Information that been deliberatly lost multiple times.
-

I declare under penalty of perjury that the foregoing is true and correct.		
Executed on3/28/2020	£	
DATE	SIGNATURE OF PLAINTIFF	
(Name and title of paralegal, legal assistant, or other person who helped prepare this complaint)		
(Signature of attorney, if any)		
· .		
(Attorney's address & telephone number)		

ADDITIONAL PAGES

All questions must be answered concisely in the proper space on the form. If you need more space you may attach more pages, but you are strongly encouraged to limit your complaint to twenty-five pages. If you attach additional pages, be sure to identify which section of the complaint is being continued and number all pages. Remember, there is no need to attach exhibits to your complaint.

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I also want a good doctor CMF refuses to change my BAD Doctor SHUTE and I ask for any Doctor. A proper diet for my serious medical condition so I can heal in a timly manner. The Podiatrist in Sacramento named Mc Gibbins that I was seeing.

 Case 2:20-cv-00702-CKD Document 1 Filed 04/03/20 Page 10 of 10 SPILLARD V. COSTA Case Name: Case Number: EASTERN DISTRICT U.S. DISTRICT COURT Court: PROOF OF SERVICE BY MAIL I, EVERETT L. SPILLARD II declare: That I am over the age of eighteen years of age and am not a party to the above entitled cause of action. That I reside in Solano County, California at the California Medical Facility, at 1600 California Drive, P.O. Box 2500, Vacaville, California, 95696-2500. 3/28/2020 I served the attached: a true copy of the attached: That on ADA 1983 CIVIL RIGHTS COMPLAINT by placing a true copy thereof enclosed in a sealed envelope with postage thereon fully prepaid, in the internal legal mail collection system at the California Medical Facility, Vacaville, California, addressed as follows: U.S. DISTRICT COURT EASTERN DISTRICT OF CALIFORNIA 501 I Street. Room 4-200 Sacramento, CA 95814 EVERETT L. SPILLARD II CMF Vacaville, CA 95696 P.O.Box 2500 U-101 I declare under penalty of perjury and under the laws of the State of California that the foregoing is true and correct. That this proof of service was executed on 3/28/2020 at the California Medical Facility, Vacaville, California.

Everett L. Spillard II
Declarant

Declarant's Signature